



Curtin University

# Teaching key biological concepts SRE for students with special needs

WORKSHOP



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**Enhancing the lives of hill tribe  
children in Northern Thailand.**



[www.borderlessfriendship.org](http://www.borderlessfriendship.org)



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## Young people need to know:

- that emotions and feelings are as important as physical acts
- how to negotiate sex and relationships
- that diversity is affirmed
- about the body, birth control, STIs and safe sex
- sources of accurate information

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## People who have an intellectual disability often benefit from:

- reviews at the beginning, during and at the close of the lesson;
- reminders between lessons;
- linking key information to the person's everyday life;
- concrete reminders of information, eg. worksheets, models, books, charts, certificates, photos, posters; &
- assistance from support person to review content

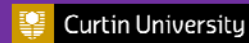
Every body needs to know © 2010 Family Planning Queensland, p.15.



## Some ideas ...

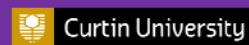
- Name it
- Grab bag & reproduction
- Dot voting
- Buzz in for bodies
- Magnel board
- Condoms
- Menstruation (DVD)
- Wet dreams and more!
- Listen here! (Circle)
- Using music

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## NAME IT

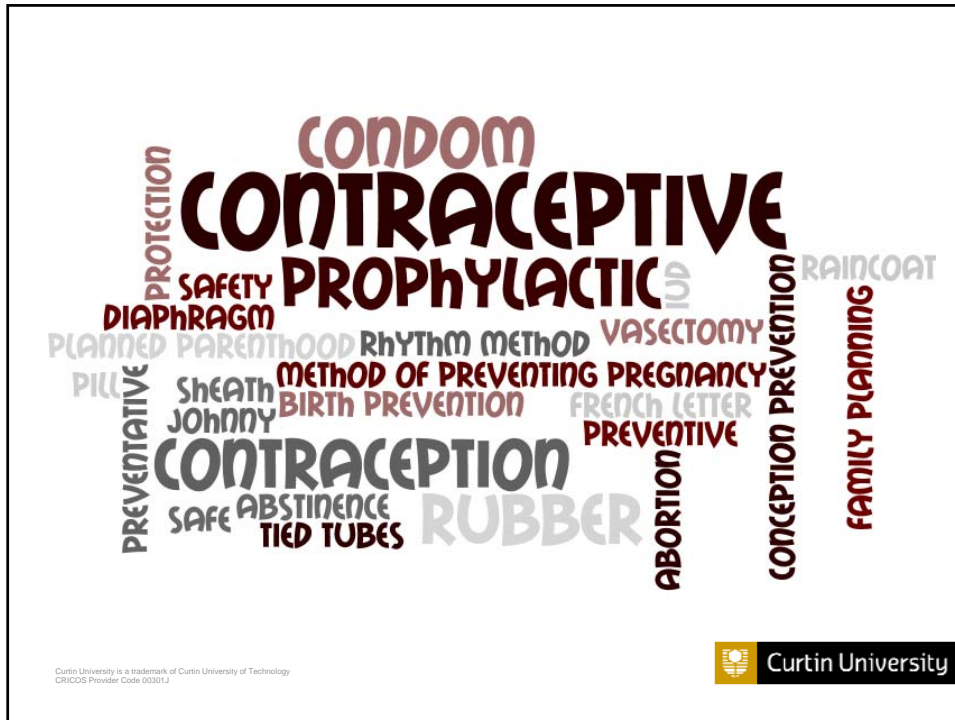
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The  
**AMAZING**  
True Story of  
How Babies  
Are Made

I think we'll be  
PERFECT together!


Fiona Katauskas

<http://sexedrescue.com/resources/>

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# FEMALES

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**DOT VOTING -  
CONTRACEPTION**

**BUZZ IN FOR BODIES  
WITH JORDI Q**



## MAGNET BOARD, CLIT PICS & REAL PICS

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[HTTP://LABIALIBRARY.ORG.AU/PHOTO-GALLERY/#](http://labialibrary.org.au/photo-gallery/#)

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**PUBERTY - TARA GROWS UP  
BILLY GROWS UP**

**DVDS – [WWW.IHC.ORG.NZ](http://WWW.IHC.ORG.NZ)**

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**CONDOMS**

**[WWW.ANSELLSEX-ED.COM.AU](http://WWW.ANSELLSEX-ED.COM.AU)**





## **USING MUSIC**

### **TRY – COLBIE CAILLAT**

## **SEX MATTERS ...**

“Individuals with autism are sexual; they are interested in sexuality, have sexual needs, and oftentimes want to develop relationships with others. Individuals with autism display a wide variety of sexual interests and behaviours. In other words, **SEX MATTERS.**” (Gougeon, 2010, p. 348)

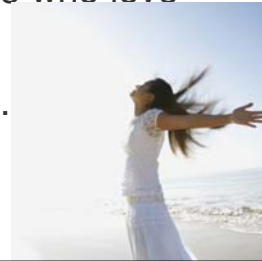
<http://www.sexualityandu.ca/resource-library/single/check-the-research/autism-spectrum-disorders-asds-implications-for-sexuality-and-relationships>



## Balanced approach

We do not want children to:

- ✿ think that sexual behaviours are negative; or
- ✿ become fearful.
  
- ✿ End positively – focus on the people who love and care for them.
- ✿ Emphasise respectful relationships.



## REFLECTION – UPS AND DOWNS CARDS

<http://innovativeresources.org/resources/card-sets/ups-and-downs/>

